



# Anti-Doping Policy

Surrey United Soccer Club (“Club”) has adopted the official *Anti-Doping Policy* of the Canadian Soccer Association (“CSA”). The CSA advises all registered athletes under their policy of the following:

While the Canadian Centre for Ethics in Sport (“CCES”) administers anti-doping for the Canadian sport community, you may also be subject to the rules of FIFA’s anti-doping policies and procedures.

A list of banned substances can be obtained from [www.cces.ca](http://www.cces.ca).

The CCES recommends that athletes take the following actions to ensure they don’t commit an inadvertent anti- doping rule violation:

- Know your rights and responsibilities as an athlete with regard to anti-doping.
- Always comply with a testing request if you are notified for doping control.
- Check all medications and products before taking them to ensure they do not contain ingredients that are banned.
- Verify your medical exemption requirements.
- Do not take supplements, but if you do, take steps to minimize your risk.
- Get the latest news

For additional resources and more about anti-doping, please contact the CCES: [info@cces.ca](mailto:info@cces.ca)

## Questions

Questions about this policy may be directed to the Risk Manager: [riskmanagement@surreyunitedsoccer.com](mailto:riskmanagement@surreyunitedsoccer.com)